

# Marian House Marketplace

14 W. Bijou, Colorado Springs, CO 80903





## **Donate**

## FOOD DONATIONS

can be dropped at 14 W. Bijou St., 8 a.m. - 2 p.m., Monday through Saturday. For large food donations, please call 719-866-6288

#### CASH

- ONLINE at CCharitiesCC.org
- BY MAIL to 228 N. Cascade Ave., Colorado Springs, CO 80903
- CALL 719.866.6422

## Volunteer

Call Doug Rouse at 719-866-6286

#### Questions

Call Rob Stinson at 719-866-6288

Catholic Charities is expanding services to offer fresh and shelf-stable, healthy foods for families and individuals in crisis in downtown Colorado Springs. Now, people can not only engage in job search and improve employment skills, access healthcare, receive case management, and enjoy a hot, nutritious meal, they can "shop" at the new *Marketplace* for a variety of healthy food to cook at home. These combined services, all located at the Marian House Campus, help families move toward a higher level of stability.

# Participants Must Enroll Prior To Shopping

Call 719-866-6288 or Email Pantry@CCharitiesCC.org Hours of operation: M, W, F 1:30 —5 pm; T, Th 3 - 5 pm

#### What's Available?

- Fresh fruit and vegetables
- Dairy and meat
- Cereal and grains

# How Often Can I Shop?

Food allotments are once per month per family

Participants must have their own transportation and refrigeration, and must have an income under \$4,367 per month for a family of four.

## One Stop Service at the Marian House Campus



Groceries



Hot Meals



**Employment** 



Case Management



Medical

Note: Families receive case management / life coaching at Family Connections at the Helen Hunt Campus