

SAFE AND SECURE PARENTING SERIES

FREE ONGOING CLASSES
AVAILABLE IN-PERSON OR ON ZOOM

SAFE & SECURE CLASS SERIES:

- Infant and Child Safety Class: A Guide for Accident Prevention
- Understanding Your Newborn: The First Six Weeks & Beyond
- Understanding Fatherhood: A Dad's Guide to Pregnancy, Birth, & Beyond
- Infant Massage: Supporting Parent/Infant Bonding and Secure Attachment
- Super Siblings Class: Preparing Children for a New Baby

One-hour class sessions are scheduled individually with families, in-person or on Zoom, once registration is completed.

Note: as a special bonus, parents attending one or more of these classes will be able to select and receive a needed baby item at no cost. Through the Infant and Child Safety Class, parents are able to receive a car seat.

Family Learning Center at the Helen Hunt Campus
601 South Institute St., Colorado Springs, CO
or via Zoom Link:

<https://us02web.zoom.us/j/6113785948>

For more information, or to register for classes please scan the QR Code, or email KDobyns@CCharitiesCC.



SAFE & SECURE



Catholic
Charities
of Central Colorado